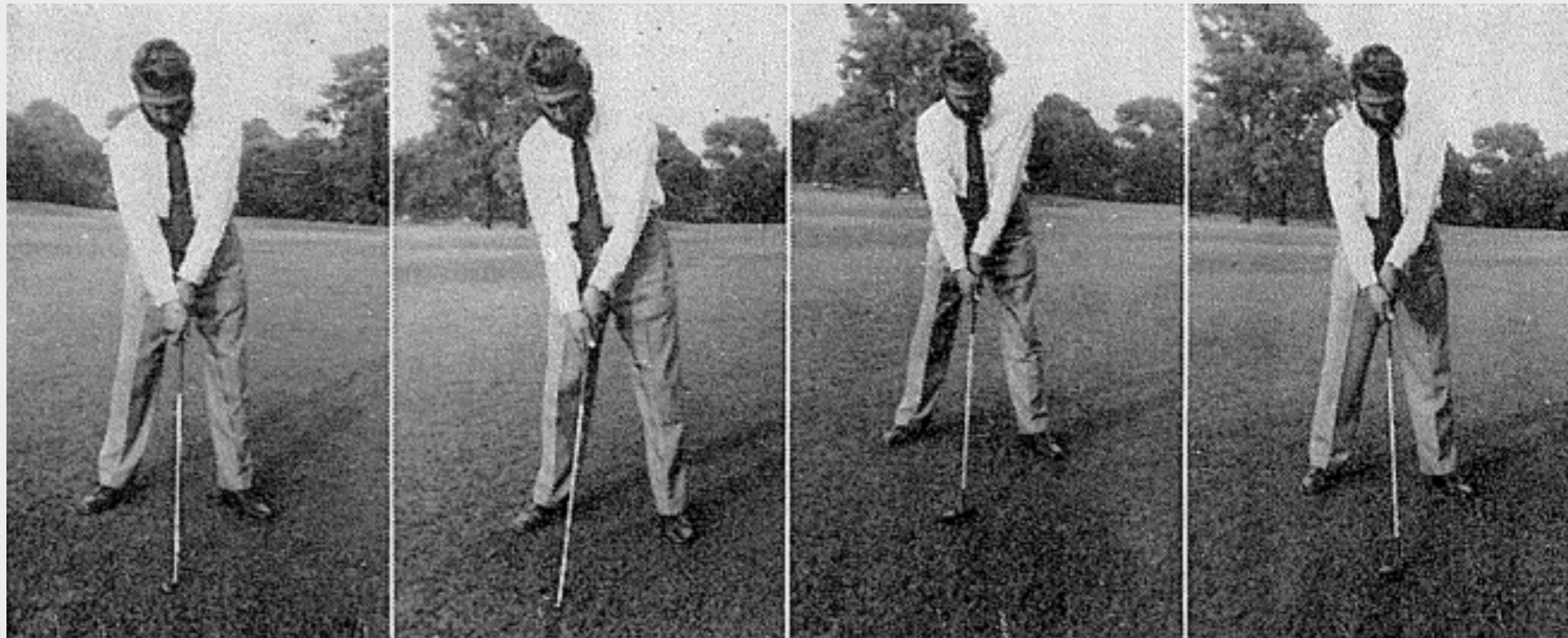


Frankenberg's System vs. Past Accepted Systems

HAND SKILL IS THE SOURCE OF LOW SCORING, BUT BODY FORM MAKES HAND SKILL EASIER



1. Right hand over

2. Right hand under

3. Hands down

4. Hands up

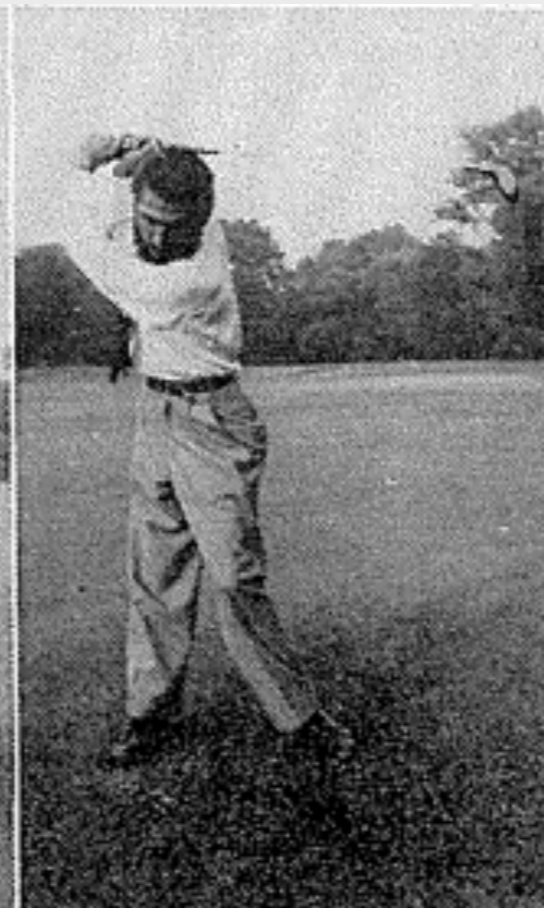
PIVOTING WITH WEIGHT TO THE LEFT FOOT, THEN BACK TO THE LEFT ASPECT KEEPS YOU WITH A PERFECT, VERTICAL CIRCULAR SWING AT ALL TIMES.



5. Weight on right



6. Weight on left



7. Wrists cocked



8. Wrists not broken

THERE ARE MANY THEORIES BEING TRIED AT GOLF; FRANKENBERG'S IS BY FAR THE BEST.



9. Pull with left arm



10. Control with right hand



11. Head still down



12. Head up

PLAY BALL, GOLFER

Now look, you've had one and one-half hours of golf instruction. You are able to go out and play mental golf. But don't go to your country club yet. Play somewhere else first for some experience. Golfers like you belong on beginners' courses. Now I don't care if you shoot 100 your first nine holes—but I do want you to count every single shot, misses or dubs, and penalties, as well. Be honest with me and with yourself. I'll assure you results, but always think of handling that clubhead for body form and gracefulness.

Regardless of shots—sandpit, rough, fairway shots—I want you to follow your correct mental routines always. Then you'll come back and tell me what happened and I'll be able to help you progress in the next four lessons. I'm expensive, yes. But just tell your friends what has happened and I can see more pupils walking my way.

Study the routine—and remember these important points when playing:

Putting:

- A. "Straight back on the ground."
- B. "Straight up to hold the line of my clubhead. Overspin pulls into the hole."
- C. "Use my club as a cane—with my right hand always."

Short Shots:

- A. "Pull back smoothly on the ground."
- B. "Stroke rhythmically under the ball in putt-like fashion to relax." Under the ball assures you of taking turf and also straight backspin.
- C. "Take my left hand off the club shaft and continue to handle with right hand."

Swings:

- A. "Pull my clubhead back on the ground as far as I can, but don't let it get out of my hand-control."
- B. "Bring my clubhead back under the ball going upward for my follow-through." Clubs with less loft just don't get under the ball, but this assures one of fewer topped shots.
- C. "Bring my hands down to relax, but continue to handle my clubhead as my eyes follow my ball."

The same instructions apply to both iron and wood shots at any time, no matter what the level of the ball.

(As the beginner progresses, he will note advanced ways of playing shots through his hand skill and will thus gain more golf knowledge through actual golf experience than through countless lessons.)

SECTION 5

Commonsense Golf Tips

REMEMBER, GOLFER:

No one can test your theories as you can test them; no one can know your abilities as you know them. For the decision you make you shall wear the laurel or you will be crucified. But you will have the supreme satisfaction, in either case, of knowing the courage of your own convictions. All noble men pick up much of their success from the sources of achievements of others—I'm certain your golf will improve through my years of blood sweat, standing on my feet 15 to 17 hours a day and not having a single day off, Christmas or holiday, for five straight years. I have improved my mental way of teaching every year and have written not one but many books.

I feel that this is my masterpiece—the greatest piece of work I'll ever do. It has taken my youth and my strength and many hours to gather enough experience and knowledge to be able to compile this condensed form, and I'm positive that anybody can improve their game, their score, and their health if they will only let this literature set their mind at ease.

Please, for your sake and mine, “Try it for three rounds of golf,” and let me know.

Gripping Tips:

Grip near the end but not off the end of your club shaft, as a sore left palm will be the result.

Never put any kind of grip wax or sticky substance on your grips.

Never grip, just sense the clubhead.

All the gripping that takes place comes naturally.

Hand skill is the only possible source to low scoring, but body form makes hand skill easier.

Remember, Frankenberg's hand grip artistry is “loose.”

Downstroke: A downstroke would stop at down. Down would be at the ball. The objective follow-through would yet remain. Therefore, good golf shots are always hit upward, not down at all, as you used to hear before my theories were accepted.

Balancing Weight: Balancing the weight on the right foot, then back on the left foot, breaks your circle. But pivoting with the weight to the left foot, then back to the left outer aspect keeps you with a perfect, vertical, circular swing at all times. Mechanical.

Wrists: Wrists breaking at the top breaks the circle. Only expert golfers can hold their right hands over the shaft of the

club and break their wrists and yet control the clubhead with any measure of skill. Remember, leading golfers play more in one week than your opportunities afford in five months. What's more, they've been doing this all their lives. Develop your own individual swing; simplify golf, and it will simplify your record scores.

Frankenberg's wrists are small yet he drives far. He won the Gene Sarazen and Johnny Farrell driving championship and bet the famous George Victor that he could reach 300 yards with a mid-iron and won the bet. Vic Ghezzi changed his grip and took wrist action out. He's been a greater golfer ever since.

Set-up: It takes more pains to prepare a shot than to execute the action; however, as you do this you eliminate each step of the procedure so that in your final address at the ball, there is a calmness before the swing takes place.

Opposite tactics: Counteract any shot you happen to be getting by exaggerating doing the opposite: If topping, get under; if slicing, attempt hooking, etc. There are days when Frankenberg plays for slices to keep from hooking. In other words, not anyone always feels up to snuff daily, but there has never been a day that Harry couldn't call his shots (we can furnish proof that other great starts can't say this).

Short Shots: Whatever you do, never hit or use speed on short shots—they should be stroked smoothly and skillfully, just like putting.

Swings: A swing is swung the same all the time whether it is made with one club or another. If using a driver for maximum distance or a niblick for the minimum distance, every swing is identical, as much as our different sets of muscles will permit. The deeper the loft of the club, the shorter the shaft; therefore, the club will be in closer to the body in the address, but the swing is the same mentally and functionally. Each club is designed to give either a longer shot and lower height than another, or vice versa. Then how can some clubs be marked with a given distance on them? Everyone hits the shots with different yardages. Learn your own set and the judgment will be entirely up to you.

It has been proven in my act that any person, regardless of age, sex, or physical disabilities can swing a club mentally correctly and become an efficient golf scorer. Watch the future of Ed Furgol of Detroit, Michigan. His withered left arm is much shorter than his right arm. Keep tabs on my blind golf pupil, Miss Jeanette Melfi, of Chicago, Illinois.

HE WHO CONSIDERS TOO LITTLE CAN'T PERFORM TOO MUCH.

This book contains video examples of the swing and web links for additional information and support.